



TREATMENT MENU





A DAY SPA WITH A DIFFERENCE

Our clients enjoy mindful spa treatments without negative impact to their health or the environment.

Our full range of facials, body therapy and beauty treatments are vegan, cruelty free, toxin free and with the sustainability of our planet in mind. In fact, everything we do at Earth and Skin is done with care for you, planet Earth and your skin.

Situated in our gorgeous Queenslander building, iconic to the heritage village of Mudgeeraba. Our location is ideal for your Day Spa Gold Coast Hinterland retreat.

Our light filled space is decorated with natural decor, living greenery and soothing music which helps to create a relaxing atmosphere.

Come and see how we are different.

Because beauty does not have to compromise your health.

FACE

Our skilled therapists will ensure that every skin type gets a tailor-made treatment to suit your skin concerns. We have specifically designed our organic facials with both your skins wellness and your relaxation in mind.

REFRESH

CLEANSE . BRIGHTEN . TONE
\$145 | 30 MIN

Refresh and nourish all skin types with an infusion of Organic Australian Skincare. Purify the skin with a deep exfoliating mask to cleanse without stripping away the skin's natural oils. Combined with a relaxing scalp massage, high antioxidant plant serums are applied and massaged into the skin using Ancient Rose Quartz rollers, helping to restore the skin's natural healthy glow.

Enjoy as a couple for \$290

VEGAN COLLAGEN

REHYDRATE . STIMULATE . REVITALISE
\$195 | 45 MIN

A cruelty-free, vegan, organic facial designed to support the skin's regeneration. Using our Bio-active Enzyme Peel infused with pomegranate, papaya and white willow bark will gently remove dead skin cells and promote cellular renewal. High protein plant based Omega-rich oils and serums are applied and are absorbed into the skin using the traditional Gua Sha. Revitalizing dull skin while activating and stimulating collagen and elastin production.

Enjoy as a couple for \$390

ELEMENTAL

EARTH . FIRE . WATER . AIR
\$235 | 60 MIN

Featuring deeply-moisture replenishing ingredients, derived from Australian Botanicals are used to deeply cleanse and exfoliate while our signature raw Kaolin Clay Mask is hand blended and customised to target any elemental imbalances in the skin. Designed to relieve congestion, soothe irritation and nourish dehydration. This result-driven facial is complemented with a luxurious lymphatic facial massage revealing radiance and restoring harmony to the skin's dermal layers.

Enjoy as a couple for \$470

CALM SKIN

REPAIR THE SKIN MICROBIOME
\$245 | 60 MIN

This facial is designed to rebuild and repair the skin's natural microbiome and barrier function. Designed with naturopathically formulated ingredients to help fight against free radicals while assisting in restoring lipid function and reducing irritation and redness. Bio-fermented hyaluronic, prebiotics, calendula, antioxidants and Omega-rich oils are delivered into the skin, rebalancing Micro-flora while soothing and protecting skin from further environmental damage.

Enjoy as a couple for \$490



RADIANCE

PREPARE . REHYDRATE . GLOW
\$199 | 50 MIN

30 MIN FACIAL + 20 MIN LED LIGHT SESSION

A preparation facial a few days before a special event. Radiate glowing beautiful skin. Beginning with our LED light lounge to recharge the skin's cells where a therapist's hands cannot reach. Your therapist will then guide you through a gentle exfoliating facial. Our Bio-active Enzyme Peel infused with pomegranate, papaya and white willow bark will soften and brighten the skin, ensuring just the right amount of exfoliation before your event. Followed by our Cyro plumping blend of ice cold serums that will drench your skin cells with hydration for the ultimate glow!

Enjoy as a couple for \$390

We recommend your bring your headphones to listen to your own meditation or podcast whilst under the LED light.

BIO MARINE

ADVANCED AGE SUPPORT & REPAIR
\$255 | 60 MIN

An ultra-restorative facial designed to switch on collagen and elastin production, alongside adding plumpness and brightness to the skin. Enhance your skin's natural regeneration process with an infusion of natural actives, antioxidants, enzymes and peptides. Our age-defying signature myofascial lymphatic facial and neck massage is combined with our resurfacing peel and pore steam before a hydrating and calming Alginate Mask application. A Micro-Vibration Wand is then used to deeply infuse our antioxidant lifting serum and support the structural integrity of the skin.

Enjoy as a couple for \$510



FACE ENHANCEMENTS

LEVEL I

Upgrade your facial with these luxury enhancements to be enjoyed with any facial treatment for only \$45.

EYE REJUVENATION

Soothe tired, puffy eyes with products specifically designed to suit this delicate area of the face. Applied with a soothing eye massage to relax and rejuvenate.

SHEET MASK

Hydrating and restoring, our sheet mask helps to lock in moisture that traditional masks cannot. Our sheet masks contain all natural ingredients infused in a fully biodegradable coconut membrane.

CRYO PLUMPING

Our ice cold blend of serums increase oxygen and nutrients in your skin cells whilst constricting blood vessels to reduce redness and provide a plumper, more even appearance

LIP THERAPY

Enhance the texture and fullness of your lips with our lip therapy treatment add-on. Perfect for an upcoming event when wearing lipstick is a must. Hydrated, plump lips are the perfect base for flawless lip colour.

HAND OR FOOT SALT THERAPY

Hydrating and lightly exfoliating feet or hands using Organic raw pink himalayan salt scrub with a warm towel removal and a hydrating massage.

VEGAN LUNCH (GF)

Enjoy a delicious Vegan and Gluten Free lunch delivered by our catering provider. Featuring seasonal ingredients fresh from the farm to the plate. Your tummy will be full, and your tastebuds satisfied.

FACE ENHANCEMENTS

LEVEL II

Upgrade your facial with these luxury enhancements to be enjoyed with any facial treatment for only \$65.

SEASONAL UPGRADE

Upgrade your facial to our Seasonal Facial. Your skin requires different support depending on the seasons, so let us customise a seasonal upgrade to suit your skin concerns.

Speak to our team for details on this seasons upgrade.

ACTIVATED CHARCOAL PORE TREATMENT

Our custom-made charcoal mask is designed to target the often problematic T-Zone. Our experienced facialists will also perform blackhead extractions if necessary.

UNDERARM DETOX

Toxins in deodorant really are the pits! Our specialised treatment is designed to detoxify your underarms and kick-start your healthy lifestyle change to a safer deodorant.

SKIN CONSULTATION

\$50 FULLY REDEEMABLE IN PRODUCT | 15 MIN

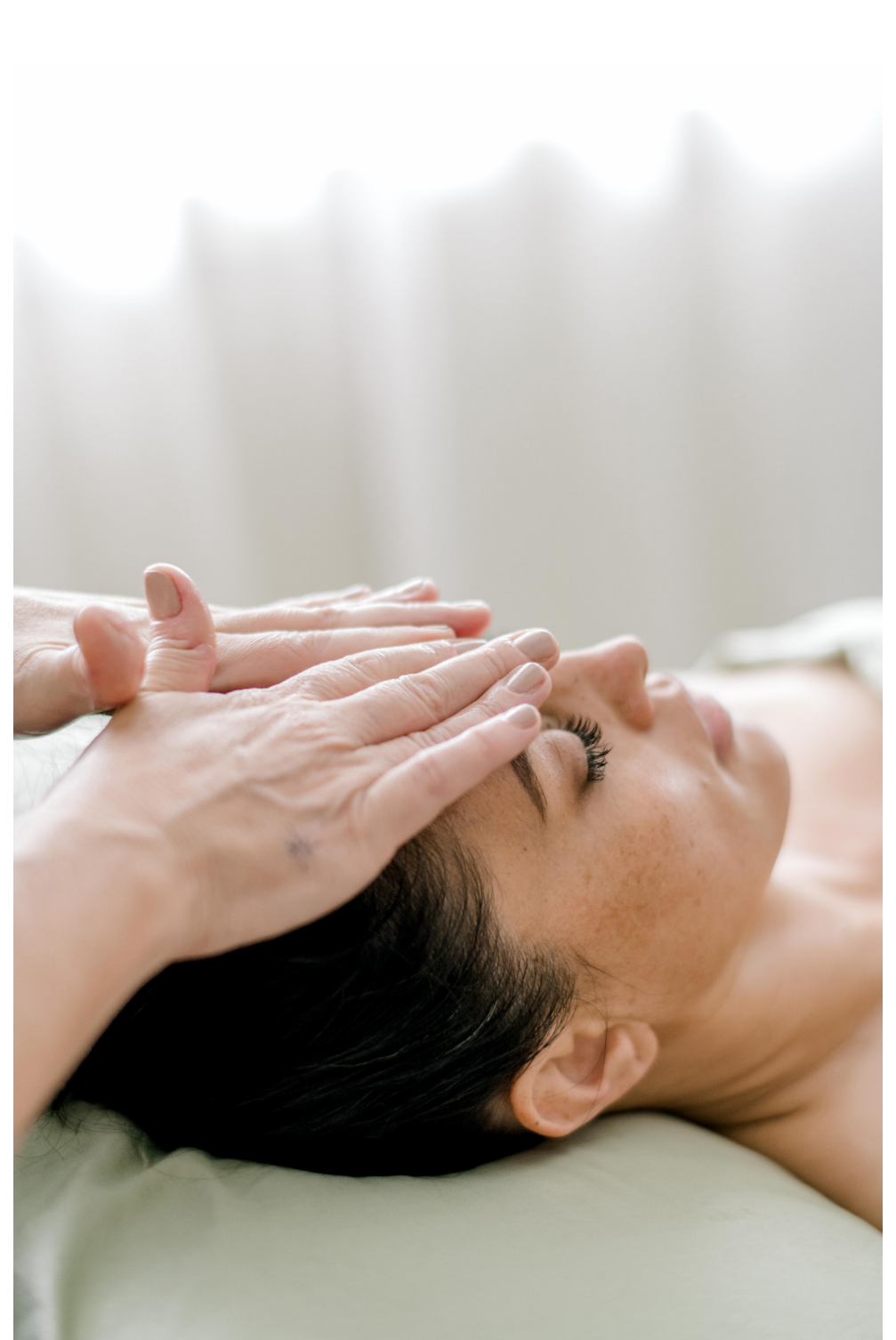
Unsure what your skin needs? Our highly trained therapists can offer advice on skincare and treatment options during one of our private skin consultations. Best of all, the cost of the consultation is fully redeemable in product from our retail store. We have over 1000 products available to treat all types of skin conditions and stages. This is the perfect way to ensure the products you purchase are right for your skin type and skin goals.

LED DERMALUX LIGHT THERAPY

ADD ON \$55 | 20 MIN

Add onto any treatment LED Light Therapy session giving your skin immediate visible results. Light-emitting diode (LED) therapy is a non-invasive, pain-free, rejuvenating treatment for the skin.

This incredible treatment has no downtime and targets most skin concerns.





FACIAL SCULPT

featuring BUCCAL { buh . kl } - intra-oral facial massage

\$325 | 60 MIN

The ultimate form of holistic facial rejuvenation and deep release. This facial massage focused treatment improves the skin's plumpness, facial contours and overall radiance using the power of massage to defy gravity and everyday habits that cause our skin to lose its youthfulness.

Beginning with a double cleanse and warm towel compress to prepare the skin. Followed by our Sculpting, Buccal AND Gua Sha facial massage techniques, this treatment is designed to target all 40 muscles of the face as well as your chest, shoulders, neck, and scalp. Releasing tension, stimulating circulation and lymphatic drainage whilst improving facial contour and definition. Complete with our de-puffing frozen cryo serum and hydrating aftercare.

Buccal Massage, is an intra-oral facial massage technique that targets the inner cheek, lips, chin and muscles surrounding the jaw. Using gloved hands, your therapist will gently massage the inside of your cheeks, working to loosen tight muscles, tone the facial tissues and target pressure points only accessible from inside the mouth. The movements can be subtle yet effective, focusing on areas that are difficult to reach from the outside.

Buccal can assist in deeply relaxing facial and jaw tension related to headaches and TMJ issues. Releasing emotions and stagnant energy stored in the muscle fascia. Furthermore, detoxifying the facial area, softening the appearance of wrinkles, giving the lower face a more sculpted and lifted appearance.

Therapists Recommended Enhancement LED Light Therapy + \$55 20 min

BUCCAL MASSAGE ENHANCEMENT

{ buh . kl } - intra-oral facial massage

LEVEL III

This treatment can be added on as an enhancement only to any of the Facials from our Menu

\$99 | 15 MIN

MASSAGE

Using rhythmic movements, your therapist will knead out tightness within your muscles and promote relaxation within your mind.

EARTH

RELAXATION AND DE-STRESS

\$140 | 30 MIN

\$175 | 50 MIN

Swedish Style - Our signature massage assists in harmonising the energy within by releasing muscle tension and calming the mind. Beginning with deep therapeutic breath inhalations this fluid and relaxing full body massage will restore inner peace and provide deep relaxation.

Enjoy as a couple for \$350 (50 MIN)

BALANCE

HARMONISE AND INTEGRATE

\$210 | 60 MIN

Aromatherapy - Deeper layers of the energy body are restored with a signature Crystal Chakra Balancing Meditation, combined with the soothing tones of a Tibetan Singing Bowl. Essential oils are customised and integrated into a full sensory body relaxation massage, designed to unwind different levels of tension and stress.

This therapeutic massage is holistic and rebalancing leaving the corporal vessel calm and receptive to a sense of inner presence.

Enjoy as a couple for \$420

ANCIENT STONE

UNWIND AND RELEASE

\$210 | 60 MIN

Hot Stone - Let the naturally therapeutic energy of warm volcanic earth stones balance and soothe the body back to its natural circadian rhythm. Using placement stones along the meridian lines, resistance is melted away while intuitive hands deliver long massage strokes using warm stones to smooth out knots in the fascia and deeper muscle fibres.

Enjoy as a couple for \$420

PACIFIC

ISLAND LUXURY ESCAPE

\$210 | 60 MIN

A signature ritual massage inspired by a variety of body therapies from the Polynesian Islands. This treatment begins with the natural healing benefits of a herbal steam inhalation. Acupressure compressions and stretches are applied along the meridian lines to promote circulation, followed by a full body massage with warm botanical infused oil. Each massage stroke is intuitive, flowing and rhythmic reflecting the natural movement patterns in the rippling ocean waves. The ultimate luxurious jet setters island spa treatment without leaving home.

Enjoy as a couple for \$420



CONTOUR

SCULPT AND ELIMINATE

\$210 | 60 MIN

Lymphatic Drainage - A body contouring massage designed to holistically activate the lymphatic system, using light yet stimulating massage techniques such as Gua Sha body scraping, lymphatic drainage massage and purifying essential oils of grapefruit, cypress and juniper extracts.

This high definition body treatment facilitates the elimination of toxins, reduces inflammation and can assist in minimising the appearance of cellulite, while increasing blood flow and circulation in the body.

Enjoy as a couple for \$420



MASSAGE ENHANCEMENTS

Choose one of our enhancements to make your massage even more targeted to your needs \$45
(Can only be used in addition to a massage treatment)

THE DRY BRUSH

Designed to excite the lymph, stimulate blood flow and increase the detoxifying benefits of the massage.

RECOVERY PLUS

Soothe tired aching muscles with high magnesium compressed into the skin. This solution will be readily absorbed into the body to target muscle release and healing.

HAND OR FOOT SALT THERAPY

Hydrating and lightly exfoliating feet or hand treatment using organic raw pink Himalayan salt scrub with a warm towel removal and hydrating massage.

WARM STONES

Warm Stones placed on your individual areas of concern to soothe tired aching muscles, letting the heat of the stones melt away tension.

MORE TIME...

Want a longer massage? Add 20 minutes to any one of our specialty massages to extend the time of your experience.

\$80 | 20 MINS

SIGNATURE EXPERIENCES

Our Signature Spa Experiences were created to give you a relaxing and mindful experience whether you enjoy these solo or with a friend in our beautiful couples treatment room.

EARTH AND SKIN

REPLENISH THE FACE AND BODY
\$245 | 60 MIN

Earth Massage / Refresh Facial

Our 60-minute signature ritual begins with a Swedish-style relaxation oil massage focusing on the back, neck and shoulders designed to release muscle tension and ease the body into deeper restoration. This is followed on with our signature Refresh Facial customised with organic Australian botanical actives to replenish, rehydrate and refresh all skin types.

Enjoy as a couple for \$490

MOUNTAIN DREAMER

TAKE ME TO THE STARS
\$340 | 90 MIN

Earth Massage / Elemental Facial

We begin this sensory journey with the relaxing and grounding signature touches of our Earth Massage. A full body nourishing warm oil massage will rejuvenate and soothe muscle tension while boosting the lymphatic system. Perfectly paired with our Elemental Facial that uses restorative powers of organic plant actives, bio-antioxidants and Omega-rich essentials leaving you as your most beautiful and radiant self.

Enjoy as a couple for \$680

WILD MOON

DETOXIFY CLAY COCOON PACKAGE
Detox Clay Cocoon / Earth Massage/ Elemental facial with Ancient Rose Quartz rollers.
\$530 | 150 MIN

This invigorating ritual begins with Dry Body Brushing assisting in stimulating circulation and removing dry skin cells. Our handmade Detox Kaolin Clay Mask (rich in minerals and phytonutrients) is applied, then the body is wrapped in a cocoon wrap helping the mask to penetrate key ingredients deeper into the skin. Enhanced with a relaxing scalp massage, rain shower and nourishing body hydration, followed on with our Signature Earth Massage and Elemental Facial. This treatment will leave you floating on a cloud of bliss.

Includes optional Guided Chakra Meditation and Crystal Balancing Ritual on request.

Enjoy as a couple for \$1060



BLOOM AND BUD

Adult: 30 Min Facial or Massage
Child: Scalp and Foot Massage + Clay Mask Application
\$280 FOR TWO PEOPLE | 30 MIN

A sweet introduction to being pampered at the spa, made especially for you and your little ones. While you enjoy a Refresh Facial or Earth Massage, we will pamper your little one with a scalp and foot massage with a Pink or Green Clay mask application. Designed specifically for young people aged 7-12 and their adult caregiver.

While we aim to provide all of the above, we sometimes find our young friends are ticklish or shy. Our gentle therapists will work with them to make their experience fun and enjoyable. This experience is held in one of our couples rooms so you will enjoy it together, side by side.

Children aged 13 or over are required to book one of our facial treatments.

FUSION

REJUVENATE AND RENEW
\$295 | 90 MIN

Three signature massages combined to deliver all of the therapeutic benefits while invigorating and stimulating all of the senses. The best techniques from our signature Ancient Stone, Balance and Earth massage. Incorporated with dry body brushing, a foot soothing treatment and a luxurious lymphatic facial massage with Ancient Rose Quartz rollers. This incredible fusion of body therapy will leave you floating as light as a feather. Why choose one when you can have it all?

Enjoy as a couple for \$590

sensana

The ultimate Organic Spa pampering experience
TOUCH . SIGHT . SOUND . SMELL . TASTE . INTUITION

*Dry Body Brushing / Pacific Ritual Massage / Organic Lunch
Calm Skin Facial / Eye Rejuvenation / Maidenhair treatment*

A journey designed to touch all of the six senses encompassing
a complete mind, body, soul and skin experience in a heavenly
Organic Day Spa escape at your doorstep .

On request we begin with a Guided Crystal Chakra
Balancing Meditation to still the mind.

Dry Body Brushing is performed to promote skin
regeneration and lymphatic stimulation, followed on with
flowing and rhythmic signature moves of The Pacific Ritual Massage.

A light vegan, organic lunch is served with herbal
tea and water to replenish.

Our Calm Skin organic facial follows, which will repair and
rejuvenate your skin, complemented with a nourishing
Maidenhair Ritual using our signature Argan Oil Hair Mask
to feed dry, brittle hair and replenish locks back to life.

\$670 | 4 HOURS

Enjoy as a couple for \$1340



tidal eclipse

PURIFY . CLEANSE

*Green Clay Detox Scrub / Contour Massage / Vegan Lunch /LED Treatment
Bio Marine - Deep Sea Facial / Underarm Detox treatment*

Fortify your connection with the healing benefits of the ocean, the earth and its rich mineral content by experiencing
our custom designed cleansing package. We begin with our natural sea salt body scrub and a warm application of
Green Kaolin Clay body mask that assists in releasing toxins while buffing away dry skin to create a silky smooth finish.

Enjoy a gentle finger dance on the scalp while being encompassed in a warm body cocoon wrap.

Rinsing off in our tranquil rain shower, the treatment is followed with our signature Contour Massage,
promoting lymphatic drainage and hydration to the body. Enjoy a brief intermission to replenish the
body with a vegan, organic lunch and herbal tea.

We return with our facial journey, beginning with LED Light Therapy designed to rejuvenate skin from the deeper dermal
layers, perfectly paired with our Advanced Age-repair Bio Marine-Deep Sea Facial. Rich with ocean sourced sea minerals,
enzymes and peptides, alginate hydration mask and signature myofascial lymphatic facial massage.

Our cleansing therapy is completed with our famous Detox Underarm Treatment using activated charcoal to remove
toxins and impurities from your system. This luxurious package promotes deep cellular skin repair while cleansing and
detoxing the vessel from the inside out resulting in radiant skin and a youthful irresistible glow.

\$825 | 4.5 HOURS

Enjoy as a couple for \$1650



BODY THERAPY

Our selection of Body Treatments have been individually created so that they each focus on a particular healing modality.

DETOX COCOON SCRUB

INVIGORATE AND CLEANSE
\$250 | 60 MIN

Eliminate the non essential with a sea salt and lemon body scrub followed by being lathered in a warm Kaolin Clay body mask to soften and detoxify the skin. Wrapped in your very own warm body wrap cocoon, your therapist performs a soothing scalp massage. Completed with a rain shower to rinse off and a full body application of body moisturiser.

Add a 20 minute massage to extend the time of your experience.

\$80 | 20 MIN

CLARITY BACK CLEANSE

DRY BRUSH AND HYDRATE
\$150 | 30 MIN

Start with a professional cleanse which detoxifies and removes debris, oil and impurities. A dry body brush and sugar scrub exfoliation helps remove dead skin build up. Soothing hot towels are used to relax the skin. A mask is applied while you enjoy a scalp and neck massage. We finish with therapeutic moisturiser application.

MAIDENHAIR

STIMULATE HAIR GROWTH
\$135 | 30 MIN

Designed to stimulate hair growth and soothe a dry scalp, lock in moisture and protect hair strands from environmental damage. We start by pouring warm nourishing oil over your scalp then run a rich mask through your hair ensuring each tress is cocooned. Your head is then wrapped in a hot towel while your therapist gently massages your neck and shoulders. You will leave your treatment with our therapeutic oil through your hair to shampoo in the comfort of your own home.

UNDERARM DETOX

CLEANSE, DETOX AND REFRESH
\$90 | 15 MIN

Toxins in deodorant really are the pits! Our specialised treatment is designed to detoxify your underarms and kick-start your healthy lifestyle change to a safer deodorant.

Option to add to any facial or massage | \$65

menoP A U S E .

A carefully curated perimenopause and menopause targeted treatment menu.
Designed to uplift, renew and support women during this transformative stage of life with confidence and grace.



FACE

THE EMPRESS

SCULPT . SUPPORT . PLUMP
\$335 | 75 MIN

An indulgent facial ritual using targeted Peptides, CoQ10, Hyaluronic Acid, Vitamin C, Bakuchiol, Collagen and Ceramides for all Menopausal skin concerns. A thorough double cleanse, enzyme exfoliation and hydrating antioxidant mask treats not only the face but also your neck, décolletage and hands throughout. Featuring our advanced Sculpting Facial massage to release tension and emotional blockages held within the face, scalp, neck and shoulders. Whilst also detoxifying the facial lymph to de-puff, lift and boost circulation.

Therapists Recommended Enhancement
LED Light Therapy + \$55 20 min

FROST AND FIRE

REFINE . BRIGHTEN . REGENERATE
\$335 | 70 MIN

An invigorating facial ritual beginning with an LED light lounge session to reawaken and prepare the skin cells in the deeper layers of the skin. Followed by our Organic Skin Peel applied on the face, neck, décolletage and hands to soften and renew the surface layers of the skin. Featuring a soothing warm stone foot massage, hydrating mask, cooling rose quartz rollers, complete with an ice-cold frozen serum to plump and revitalise the skin.

**Please note a Skin Peel Consultation with our expert therapists may be required 2 weeks prior to this treatment at an additional cost of \$50 - redeemable in product to start your 2 weeks pre-treatment skin preparation, thus ensuring this treatment is suitable for your skin condition and desired goals.*



BODY

LUNA BODY RITUAL

REVITALISE . REPLENISH . HYDRATE
\$360 | 80 MIN

Indulge in our revitalising and ultra-hydrating body ritual designed to restore elasticity, address the skin's tone and texture, whilst promoting lymphatic detoxification of the whole body.

The ritual begins with a dry body brushing exfoliation to stimulate circulation, promote cellular renewal and enhance the absorption of our nourishing body contour oil, rich in omegas and ceramides.

Followed with a gentle lymphatic massage and purifying essential oils of grapefruit, juniper and peppermint, easing discomfort often associated with menopausal changes. Including an optional lymphatic massage through the stomach, breasts and décolletage to de-bloat and lift these areas of concern. This massage technique encourages the natural flow of lymphatic fluid, promoting toxin elimination and reducing puffiness.

As your body unwinds, your feet are then pampered with a luxurious salt exfoliation to soften rough patches and promote circulation. A warm clay foot mask is then applied to nourish and hydrate tired soles.

Complete with our cooling Gua Sha modality and refreshing rose water hydrosol mist to re-awaken the mind and body. Leaving you feeling refreshed and replenished.



SIGNATURE PACKAGE

THE SEQUOIA

{ suh . kwoy . uh }
A symbol of longevity, power, strength, and energy.

RESTORE . UPLIFT . RENEW
\$660 | 150 MIN

Fully immerse into a deeply restoring and uplifting journey for the mind, body and spirit combining a range of our carefully curated P A U S E treatments to support you during this transformative stage of life.

Beginning with a dry body brushing exfoliation to stimulate circulation, promote cellular renewal and enhance the absorption of our nourishing body contour oil, rich in omegas and ceramides.

Followed with a gentle lymphatic massage and purifying essential oils of grapefruit, juniper and peppermint, easing discomfort often associated with menopausal changes. Including an optional lymphatic contouring massage through the stomach, breasts and décolletage. This massage technique encourages the natural flow of lymphatic fluid, promoting toxin elimination and reducing puffiness.

Your feet are then pampered with a luxurious salt exfoliation to soften rough patches and promote circulation. A warm clay foot mask is then applied to nourish and hydrate tired soles. Complete with our indulgent Empress facial ritual curated for all menopausal skin conditions and tailored to your unique concerns.

Emerge restored and renewed from head to toe.

Therapists Recommended Enhancement LED Light Therapy + \$55 20 min





PREGNANCY

To ensure the safety and wellbeing of our clients all of our pregnancy treatments are only available for clients who have entered the second trimester of pregnancy.

MOTHER MASSAGE

RELAX . SURRENDER . CALM
\$220 | 60 MIN

Enjoy a safe and supportive massage designed for mothers-to-be after their first trimester. Surrender to a full body relaxation massage using "fragrance-free" pregnancy safe massage oil. The treatment is customised with a supportive pregnancy cushion or the option of side lying massage techniques to relieve body aches, tired muscles and unwind mental tension and fatigue.

MOTHER FACIAL

SOOTHE . REPLENISH
\$199 | 45 MIN

This customised pregnancy safe organic facial uses elevated support to ensure the utmost safety of both the baby and mother. An enriching facial delivers exceptional nutrient dense elixirs to revitalise dry, sensitive or hormonal skin. The treatment is infused with advanced antioxidants and essential fatty acids to support and hydrate the skin, fight free radical damage and protect from visible signs of ageing.

MOTHER NURTURE

THE PREGNANCY SIGNATURE EXPERIENCE
\$355 | 75 MIN

Designed as a gentle nurturing treat for Mum-to-be. We start with our customised pregnancy safe Mother Facial, specifically designed to gently nourish and replenish all skin types. We follow on with our Maidenhair Ritual providing a soothing scalp massage and hair treatment. Finishing at the feet with an exfoliating salt foot scrub and gentle foot massage to ease tired limbs, edema, swollen feet and ensure pampering from head to toe.

Not just for pregnant mummies – anyone can enjoy this treatment

MENS TREATMENTS

Whether you are cleanly shaven, have stubble, three-day growth or a healthy beard, our professional beauty therapists will work around your facial hair to ensure your skin gets the best benefit from your treatment.

MANKIND FACIAL

CLEANSE . PURIFY . REFINE
\$235 | 60 MIN

An organic clean skin pore refining facial designed to treat male-specific skin concerns such as an oily t-zone and open pores as well as barrier damage from sun and harsh weather exposure. We deep cleanse and exfoliate the skin using alpha hydroxy fruit acids helping to balance the natural oils in the skin. Warm facial compressions feature sandalwood, cypress and lime essentials help to soothe dry skin combined with a purifying White Kaolin Clay Mask. Give in to a relaxing neck, shoulder and facial massage using our Gua Sha to release muscle tension and tone the skin.

Why not add our...

Activated Charcoal Pore Treatment | \$65

Our custom made charcoal mask designed to target the often problematic T-Zone. Our experienced facialists will also perform blackhead extractions if necessary.

BEARDED MAN

REJUVENATION FOR THE BEARDED MAN
\$190 | 45 MIN

Designed for the bearded man to promote softening of facial hair and healthy hair growth, relax tired eyes, relieve clogged pores resulting in glowing skin and a more youthful appearance.

PEPPER CROWN

SCALP AND HAIR TREATMENT
\$135 | 30 MIN

Designed to stimulate hair growth and soothe a dry scalp whilst locking in essential moisture. We start with an invigorating scalp massage using our dry body brush followed by a stimulating peppermint hair oil, scalp, neck and shoulder massage and hot towel treatment. Leave with our therapeutic oil through your hair for best results.



LASH AND BROWS

To create the look of fullness and rich colour to your brows you can choose from traditional tint or all natural henna and all our brow tints include a head and scalp massage.

REGULAR LASH OR BROW TINT

\$49

Subtly matched to your natural lash and brow colouring to enhance and add volume.

**This tint is not organic or natural*

Add on Eye Rejuvenation | \$45

Soothe tired, puffy eyes with products specifically designed to suit this delicate area of the face. Applied with a soothing eye massage to relax and rejuvenate.

PROFESSIONAL EYEBROW SHAPE

\$62

Our professionals will create the perfect brow shape for your face Using all natural sugar paste to work with your ideal shape.

HENNA BROW TINT

\$79

HENNA BROW WITH SHAPE

\$120

Henna is a natural plant based colour pigment that has been used for thousands of years to temporarily stain colour onto the skin and hair. It is 100% natural and made out of crushed leaves without any nasty ingredients like lead, ammonia or hydrogen peroxide in it's formulation.

Henna pigments look very natural on the skin and the colour lasts much longer than regular tint.





SUGARING

Sugar paste is 100% natural and is made from a combination of sugar, water and lemon juice. The sugar paste is applied against the hair growth and removed with the hair, which results in better hair removal and less pain than waxing.

PRICE LIST

FULL LEG	\$175
1/2 LEG	\$99
3/4 LEG	\$135
BIKINI*	\$55
G-STRING*	\$75
BRAZILIAN*	\$95
FULL ARM	\$95
HALF ARM	\$65
UNDERARM	\$50
LIP OR CHIN	\$35
JAWLINE	\$50
FULL FACE	\$125
Including eyebrows exc. forehead	
SNAIL TRAIL	\$30
NOSTRIL	\$20
OTHER	POA
MENS SUGARING	POA

*Women only

SKIN CLINIC

SKIN NEEDLING

The best of beauty technology for deeper skin transformation boosting collagen for plumper, more even textured and glowing skin.

BENEFITS

- Reduces acne scarring
- Minimises fine lines, ageing and dehydration
- Increases plumpness
- Improves texture
- Increases smoothness
- Reduces pigmentation
- Reduces dilated capillaries and redness

For best results, we recommend a series of four collagen induction therapy treatments, 4 - 6 weeks apart.

PRICE LIST

SINGLE SESSION

- \$290 | Full Face
- \$320 | Neck and Decolletage

CONCESSION PRICES

- \$870 (Save \$300) | Four Sessions
- \$1,300 (Save \$630) | Six Sessions

ADD ON'S

- \$55 | Hands
- \$55 | Neck
- \$110 | Decolletage

SKIN CLINIC

ORGANIC SKIN PEEL

Certified organic skin peel with naturally sourced AHA's and Glycolic acid. Results in the elimination of dead skin cells and a faster regeneration of new skin cells. Designed to target specific skin concerns such as acne scarring, reduces pigmentation, reduces pore size, smooths out wrinkles and fine lines, softens and tones skin.

\$250 | 45 MIN
\$880 | PACK OF FOUR





SKIN CLINIC

LED LIGHT THERAPY

LED Therapy is a non-invasive rejuvenating skin treatment to correct and target a variety of skin concerns.

SINGLE SESSION

\$85 | 20 MIN

UNLIMITED CONCESSION

\$550 | To be used within 4 weeks

ADD ON

\$55 | Add on to any of our treatment services



10 years of being
on the cleaner
side of beauty.



Email: info@earthandskin.com.au

Call: (07) 5530 7959

Visit: 2 Regency Place, Mudgeeraba QLD 4213

Social: [@earthandskin](https://www.instagram.com/earthandskin)